



The Emergence Experience - Awakening (Year 1)

This program is for people just waking up/remembering the larger, multidimensional reality. You may not know who your spirit guides are yet or where the human chakras are, but you are ready to break free from old patterns. You are more excited than nervous about opening these doors and are grateful for the opportunity! This program helps newly awakening people dive deeper, beyond your limiting fears and beliefs, moving you into closer alignment with your truly beautiful Multidimensional Self.

BENEFITS

- Learn to trust your Inner Guidance System in order to connect with your Spirit Guides and Higher Self.
- Boost your mindfulness practice to identify negative and limiting thought patterns.
- Create a psychic hygiene routine to clear out and avoid taking on other people's emotions.
- Understand how to work with metaphysical laws so you can align with your highest timeline.
- Activate innate metaphysical abilities begin to uncover your soul purpose.
- Learn about Earth's Ascension and increase your Metaphysical Literacy.
- Enjoy the magic of multidimensional living

ACTIVATION MODULES

These 15-20 minute modules (delivered bi-weekly to your inbox) include a brief explanation of the topic, followed by powerful guided meditations. They were recorded in 2018/19 by Aja, Founder of Multidimensional U®, and are designed to help you directly experience and embody the concepts!

Module 1 - Setting Intentions

Module 2 - The Law of Vibration

Module 3 - Spirit Guides

Module 4 - Signs & Synchronicity

Module 5 - Meet Your Inner Skeptic

Module 6 - The Foundation is Mindfulness

Module 7 - Free Will

Module 8 - An Emergent Worldview

Module 9 - The Law of Attraction

Module 10 - The Shadow Self

Module 11 - What's Your "Story"?

Module 12 - Judgment & Criticism

Module 13 - Quieting the Mind

Module 14 - Forgiveness

Module 15 - Psychic Hygiene

Module 16 - Self Sovereignty

Module 17 - Dimensions of Reality

Module 18 - Masculine/Feminine Balance

Module 19 - Setting Healthy Boundaries

Module 20 - The Test of Initiation

Module 21 - Create Your Future

Module 22 - What's Your Soul Purpose?

Module 23 - Surrender

Module 24 - Let's Evolve!