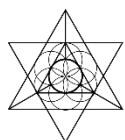


# MULTIDIMENSIONAL MISSION

## SOUTHWEST FRANCE



**MULTIDIMENSIONAL U®**

October 27 – November 3, 2018

*8 days, 7 nights*

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## Welcome!

### A SACRED JOURNEY IN THE AUDE

Welcome to a deeply transformative metaphysical journey into the heart of the Aude region of Southwest France. There are incredible sacred sites in this part of the world which offer powerful multidimensional experiences. This trip is especially for those of you feeling summoned to recall lost wisdom in service to Earth and Humanity.

France is the spiritual home of Aja, Founder of Multidimensional U, who is thrilled to share this incredible part of the world with you. She is fluent in French and will safely guide you through stunning mountain landscapes and into the magic of multidimensional reality.





# TRIP ITINERARY

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## DAY 1 (Saturday 10/27): ARRIVAL

Arrive at the hotel in Carcassonne, France. We will be staying in a 4-star hotel with modern amenities. You will have a chance to unwind after your travels. We'll enjoy dinner together and our first meditation. *Welcome Dinner at 7:00pm*

## DAY 2 (Sunday 10/28): CARCASSONNE



*Breakfast at the hotel.*

We will tour the fortified city of Carcassonne. Bring your journal, as we will take time to tune in and meditate at this magical site. *Lunch in town.*

Time to explore on your own after lunch and visit shops.

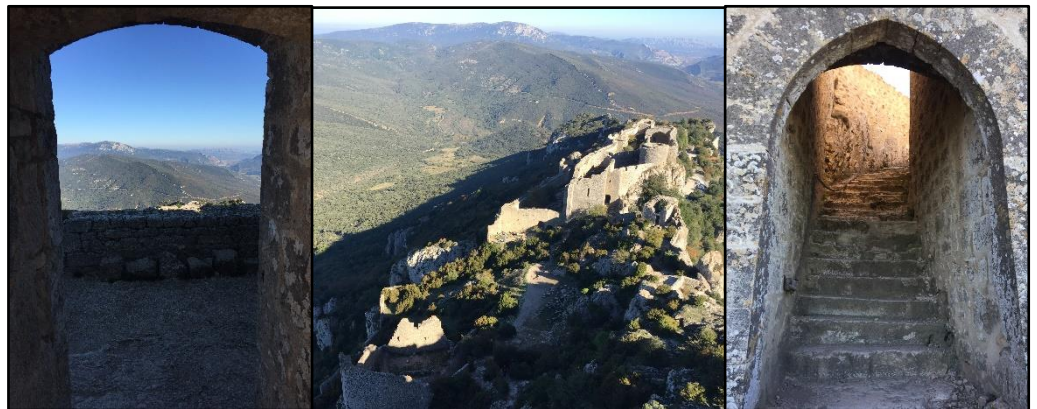
Depart by 4pm for our private villa in a small town in the High Aude Valley an hour's drive to the south. *Dinner nearby.* Evening gathering and meditation.

## DAY3 (Monday 10/29): PEYREPERTUSE

*Breakfast at the villa.*

*Morning t'ai chi with Jude on the patio.* We'll set off mid-morning on an hour's drive southeast to the 11<sup>th</sup> century castle ruins of Peyrepertuse.

"The castle ruins are impressive, set high on a defensive crag. From the approach road it is difficult to see where the rock stops and the castle starts."



We will journey together in meditation, with free time after lunch for solo exploration. *Picnic lunch on site.* Return to the villa in the late afternoon. *Dinner nearby.* Evening gathering to share and integrate.

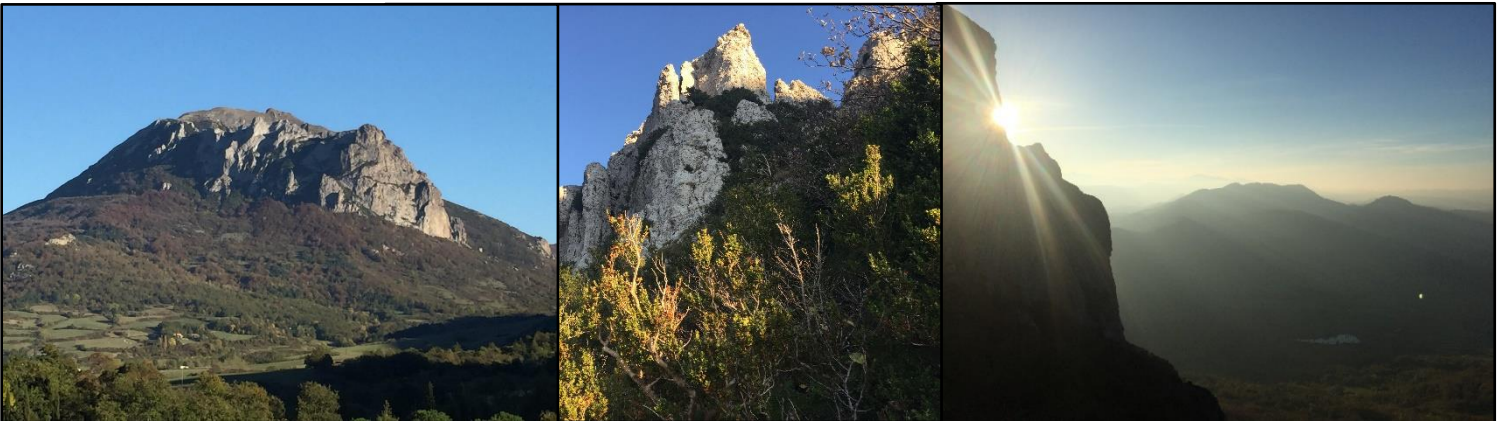
## DAY 4 (Tuesday 10/30) PUILAURENS



*Breakfast at the villa. Morning t'ai chi with Jude.* We'll spend the day in a walking meditation and shamanic journey atop the Puilaurens castle ruins. From this mystical place, you can smell the sea air and even catch a glimpse of the Pic de Canigou, a powerful mountain to the south.

*Picnic lunch on site. Return to the villa in the late afternoon. Dinner nearby. Evening gathering to share and integrate.*

## DAY 5 (Wednesday 10/31): BUGARACH (Samhain)



*Breakfast at the villa. Morning t'ai chi with Jude.* We'll spend the day hiking to the top of Mount Bugarach. This was the site of an Essene outpost community run by Yeshua's extended family 2,000 years ago. We will visit that community in meditation and meet with some of its members.

"Known locally as The Magic Mountain, or The Alien Mountain, Bugarach is often associated with reported UFO, extraterrestrial, and even super-natural activity. Ever the enigma, Bugarach is heralded by many as a stargate or portal to other dimensions."

**Suggested reading: Anna, Grandmother of Jesus (Heartsong, 2017)**

*Picnic lunch on site. Return to the villa in the late afternoon. Dinner nearby. Evening gathering to share and integrate our experiences.*





## DAY 6 (Thursday 11/1): RENNES-LE-CHATEAU & MONTSÉGUR

*Breakfast at the villa. Morning t'ai chi with Jude. We'll spend the day visiting Rennes le Chateau and the Montségur castle ruins. Picnic lunch on site. Return to the hotel in the late afternoon. Dinner nearby or at the villa. Final evening gathering.*

## Day 7 (Friday 11/2) – RETURN TO CARCASSONNE

*Breakfast at the villa. We will rest and integrate in the morning. Enjoy free time to journal and pack before lunch and our return to Carcassonne. Lunch at Carcassonne. Time for exploring and visiting shops. Farewell dinner at 7pm*



## Day 8 (Saturday 11/3) – DEPARTURE

*Breakfast at the hotel. Everyone departs.*

# TRIP COST, PAYMENT & INSURANCE

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## 2018 TRIP COST

4,490 USD per person, if paid in full by July 15th 2018 (save \$500)

4,990 USD per person, based on double occupancy (5-10 participants)

690 USD Single Supplement

## TRIP COST INCLUDES

- Accommodations beginning 10/27 and ending 11/3 (7 nights total)
- All meals.
- Entrance fees for sites and museums.
- Land transportation to and from Carcassonne, France and to all sites listed in the itinerary.
- Guided meditations and t'ai chi.

## TRIP COST DOES NOT INCLUDE

International airfare, transfers for independent arrival or departure, train or flight service, any meals not specified after each itinerary day, airport departure taxes, additional hotel nights that may be necessitated by airline schedule changes or other factors; pre-trip expenses of medical immunizations (if any), travel insurance, or passports and visas; and other expenses of a personal nature (alcoholic beverages, mementos, gifts, phone calls, etc.).

## PAYMENT SCHEDULE\*

At time of reservation 500 USD

*Please note this deposit is non-refundable.*

Balance due: September 1, 2018

*\*Payment plans are available. Inquire at time of reservation. Ready to book? Contact our Director of Client Relations, Nadia Brown at [nadia@multidimensionalu.com](mailto:nadia@multidimensionalu.com)*

## CANCELLATION FEE SCHEDULE

Up to 120 days prior to departure: Deposit

91-120 days prior to departure: 25% of trip cost

46-90 days prior to departure: 50% of trip cost

45 days or less: 100% of trip cost

## TRAVEL INSURANCE

Trip insurance is available through our umbrella seller of travel company.

*Information available upon inquiry. Contact [ales@journeysofthespirit.com](mailto:ales@journeysofthespirit.com).*

## ARRIVAL & DEPARTURE

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For American trip participants, please note that a valid passport with an expiration date that is *at least* 6 months before the date of your travel home from France is now required by major airline companies. You will not be allowed on the airplane if this is not the case.

### ARRIVAL & MEETING PLACE

Carcassonne, France (Hotel Mercure). Trip members are responsible for traveling to

Carcassonne on their own to rendezvous with Aja and Jude on Day One.

Shuttles and or private taxis are available from the Toulouse airport. (If you'd like assistance arranging private transport, please let us know when booking). If coming by train, taxis are available to the hotel from the Carcassonne train station.

## TRIP DETAILS

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The trip is rated Moderate, according to most trip grading systems. We will be hiking from 2 to 3 hours each day, sometimes in steep terrain, including castle stairs. Good walking shoes or light hikers with ankle support are advised. Trip members should be in reasonable shape.

### WEATHER

Temperatures may reach the low-70s (22 Celsius) during the day. At night, the temperature will drop moderately to the mid-50s (12 Celsius). The weather is variable in the mountains so be prepared for anything: it can be warm and pleasant or cool and breezy. A weather update will be sent a week before the trip begins.

### DINING



Please note that in Europe, the dinner hour is considerably later than what it is in the U.S.

Restaurants do not open before 7:00pm. You may want to pack your preferred snacks if you get

hungry between meals.

Dinner service usually begins in France at 7:00pm and typically lasts about 30 minutes longer than the average American dinner service. Regional specialties include cassoulet and .... Vegetarian options available.

## LOGGING

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We will be staying in a private villa during most of the trip. Pricing is based on double occupancy, with a twin bed for each guest. If you prefer to lodge alone, please request the single supplement at the time of your reservation.

## TRIP LEADERS

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Aja and Jude Trapani will be your guides for this exceptional voyage. Both are experienced hikers, with a deep love for the natural world.

Aja (pronounced Asia) is the Founder of Multidimensional U. As a Multidimensional Channel and Innergalactic Shaman, she has worked with hundreds of people around the planet, guiding them on journeys into the magic of multidimensional reality. She is here to help those Souls who agreed to assist humanity during

planetary ascension awaken to their True Selves, thereby unlocking powerful innate metaphysical abilities in service. She guides, channels, and supports others using her own reactivated set of higher knowledge based in direct experience.

Jude Trapani has been studying T'ai Chi since 1990. His practice grew substantially after connecting with his teacher Master Henry Wang in 2000. He lives in Boise, Idaho and is practicing and teaching with other students of Master Wang's T'ai Chi School. Professionally, Jude is a fishery biologist working for the government specializing in river and restoration ecology, and has earned nicknames like "River Medic" and "Obi-Wan Kenobi". He is especially interested in the multidimensional aspects of energy exercises like T'ai Chi.